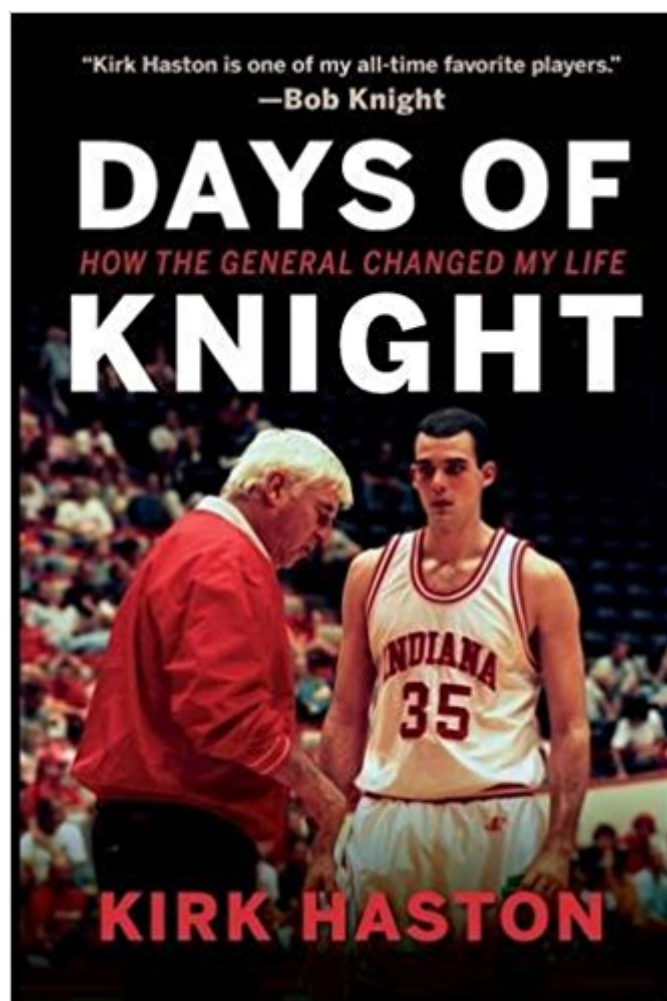




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Days Of Knight: How The General Changed My Life



Synopsis

What happens when a 6' 9" kid from Lobelville, Tennessee is recruited by legendary basketball coach Bob Knight? Kirk Haston's life was changed forever with just a two-minute phone call. Containing previously unknown Knight stories, anecdotes, and choice quotes, fans will gain an inside look at the notoriously private man and his no-nonsense coaching style. Which past Hoosier basketball greats returned to talk to and practice with current teams? How did Knight mentally challenge his players in practices? How did the players feel when Knight was fired? In this touching and humorous book, Haston shares these answers and more, including his own Hoosier highs—shooting a famous three-point winning shot against number one ranked Michigan State—and lows—losing his mom in a heartbreaking tornado accident. Days of Knight is a book every die-hard IU basketball fan will treasure.

Book Information

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Customer Reviews

"Coach Knight is a complex man with a very clear vision. Through a vast array of techniques and emotions, Days of Knight is an incredible inside look at Coach Knight's version of teaching the game of life and basketball. Most importantly, we see all sides of a fascinating leader and a brilliant tactician." —Dane Fife, Indiana Hoosiers 1998-2002, member of the 2002 NCAA runner-up team, assistant coach at Michigan State
"I've read lots of words about Bobby Knight, but never from one of his players. I can't wait to read this." —Tony Kornheiser, co-host of ESPN's Pardon the Interruption and former sportswriter for The Washington Post
"Here's a Bet You Didn't Know, Hoosier Fan: among IU's 3-year career players, only Scott May, Archie Dees and Walt Bellamy outscored Kirk

Haston; only Bellamy, Dees and Steve Downing outrebounded him. And none of those Hoosier all-timers was blessed and cursed with the emotional peaks and valleys that Kirk went through in his IU years. His mother was a school teacher, an English teacher. She would have been very proud of the excellence her son shows here as a writer, and thanks to her urging to be a note-taker as an inside observer of the most tumultuous years in recent IU athletics."

Bob Hammel, author of The New York Times Best Seller, *Knight: My Story and Beyond the Brink with Indiana: 1987 NCAA: Champions* and member of the Indiana Basketball Hall of Fame "I've always had the ultimate respect for Coach Knight as one of the great coaching minds of our time. When I was a young coach, he took me under his wing and provided valuable knowledge, just as he had with so many of his players. Thanks to Kirk Haston, a player I once recruited and have always appreciated, readers will gather insight as to what made Coach Knight successful, while also offering a view to a side of him that not all of us were fortunate enough to see." Coach Tom Izzo, Michigan State Spartans "Kirk Haston is one of my all-time favorite players." Bob Knight "Haston paints an intense picture of what it takes to be an Indiana Hoosier and provides an inside look at the most controversial news story in IU history the firing of Coach Bob Knight." Stan Sutton, retired sports journalist "Coach Knight stories and teachings are in the veins of Indiana and they are in the pages of *Days of Knight*. Filled with previously unheard knight stories and quotes, this book gives an inside look at what it was like to be a player who experienced the final three seasons of the Knight era at Indiana. If you are a Hoosier fan, you're going to want to read this book." Jeff Overton, Indiana Hoosier 2002-2005, PGA Tour player, member of the 2010 U.S. Ryder Cup Team "I've been a fan of Kirk for a long time, going back to his high school days, when Tom Izzo and I tried to recruit him at MSU. Kirk is a person and player who has EARNED everything he's gotten out of basketball. He has always had a rare work capacity and it carried him a long, long way. He was also very hungry and humbled in his pursuit to be successful with a desire to be coached and taught. It shows up in this book." Coach Tom Crean, Indiana Hoosiers "I really enjoyed this book. It was very detailed and brought back tons memories. Fans wanting to know both the competitive and compassionate sides of Knight should definitely read *Days of Knight*." A.J. Guyton, Indiana Hoosiers 1996-2000, 2000 All-American, Former Chicago Bull "Days of Knight is a great look at how Coach Knight made the young players he coached better men first and better players second. It's a personal glimpse into at how the legendary Indiana basketball coach taught and mentored his team." Jared Jeffries, Indiana Hoosiers 2000-2002, member of the 2002 NCAA runner-up team, former New York Knick "People don't realize the type of positive impact

Coach Knight has had over the years. This book not only gives a true depiction of his greatness as a coach, but it also gives a true depiction of his greatness as an individual who cares about others."
Calbert Cheaney, Indiana Hoosier 1989-93, former Washington Wizard, assistant coach at St. Louis University "This is an outstanding read. Kirk has done a great job of portraying the very unique relationship that is player/coach. This book will take you inside one of the most storied college basketball programs and give you insight into one of the game's greatest coaches."
Michael Lewis, Indiana Hoosiers 1997-2000, Hoosiers all-time assists leader, assistant coach at University of Nebraska

Kirk Haston was a member of the Indiana Hoosiers basketball team from 1997-2001 who played for the legendary Bob Knight. Haston was named to the 2001 Associated Press All-America Team and the 2000 and 2001 All-Big Ten Teams. Post-college, he played for the Charlotte Hornets.

This is a great book from someone who saw Coach Bob Knight of Indiana University from many different perspectives...first as a fan, then as a recruited high school athlete, a player for the Indiana Hoosiers. We see Coach Knight as the tough-nose coach everyone knows but also as a father-figure and eventually as a very good friend to his players. I do not read a lot but I started this book and could not put it down until I had finished it. If you have a set of assumptions about Coach Bob Knight, this book will challenge them. You will also be inspired by Coach Knight's loyalty to his players and by Mr. Haston's quiet strength in the face of adversity.

Excellent read. Insightful and so thoughtful...a documented and well researched book that covers the joy, discouragement, and rewards of college basketball...and the harsh reality of the NBA. With the appropriate sharing of life's personal moments. I heartily recommend this to anyone that wants an objective view of basketball and its impact on life.

Very Interesting...and inspiring! Every Hoosier and basketball fan will enjoy this book. Join Kirk inside the Indiana locker room and the brain of one of the greatest basketball minds in history, Coach Bob Knight. Scroll up and get your copy now! Mark Bowser Author of "Sales Success" and "Jesus, Take the Wheel"

I enjoyed the book because of my connection to the author's grandfather and mother. I appreciate reading how Kirk learned and valued a man who was less than perfect in all his language and

actions, but had traits that were encouraging and valuable. That is true of every person I meet and me as well. I thoroughly enjoyed the book and have recommended it to others.

This is quite simply an excellent book that details the teaching and coaching methods Coach Knight has used to win over 900 games and 3 NCAA Championships with close to a 98% graduation rate. Kirk shows a different side of Knight that has been seldom seen over the course of his career. Using detailed notes from his playing days, Kirk shows the level of preparation and instruction Coach Knight used to get the maximum out of his players and the techniques he used to build a winning team. This book is a must-have for any player, coach or IU Basketball fan.

A front row seat to the fast paced relationship between a hard charging coach and an eager player who is loaded with more talent than skill. This isn't a Greek tragedy; it is an honest portrayal of a tough, funny and fair man and his talented pupil who wants to improve not only at basketball but at life as well. It's a great read for anyone who doesn't understand Bob Knight.

I enjoyed the book, but it was very comparable in content to several other Knight books on the market.

Full Disclosure, I grew up in Oklahoma, but was always a huge Bobby Knight fan. This book confirmed that same fandom with very interesting stories of recruiting process and behind the scenes practices, etc. But one thing I didn't expect was the motivational portion of the book. Was very inspiring and would highly recommend reading it.

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